

Checklist for Your Ski Holiday

Simply tick items as you prepare your luggage.



Ski/Snowboard Equipment

- ☐ Skis or snowboard + bindings
- ☐ Ski boots or snowboard boots
- ☐ Ski poles
- ☐ Ski helmet
- ☐ Ski goggles + sunglasses
- ☐ Avalanche transceiver
- ☐ Probe and shovel
- ☐ Back protector and knee pads
- ☐ Wrist guards
- ☐ Backpack with ski carry system



Technical Clothing

- ☐ Ski jacket (waterproof & breathable)
- ☐ Ski trousers or ski suit
- ☐ 3–4 technical base layers
- ☐ 2–3 fleeces or lightweight down jackets
- ☐ Waterproof ski gloves + liners
- ☐ Technical beanie + neck warmer
- ☐ Ski socks
- ☐ Scarf or neck tube



Footwear & Après-ski

- ☐ Winter boots
- ☐ Comfortable shoes or trainers
- ☐ Indoor slippers



Accessories & Toiletries

- ☐ Sunscreen SPF 50+
- ☐ Lip balm
- ☐ After-sun moisturiser
- ☐ Deodorant
- ☐ Shower gel + shampoo
- ☐ Insulated bottle or hydration bladder
- ☐ Energy bars
- ☐ Towels



Transport & Documents

- ☐ ID card
- ☐ Health insurance card
- ☐ Accommodation bookings
- ☐ Travel insurance
- ☐ Private health insurance card
- ☐ Driving licence
- ☐ Snow chains
- ☐ Ice scraper + de-icer
- ☐ Winter screen wash
- ☐ Warning triangle
- ☐ High-visibility vest



Loungewear & Nightwear

- ☐ Pyjamas
- ☐ Swimsuit
- ☐ Cosy clothing
- ☐ Thick indoor socks
- ☐ Underwear



First Aid Kit

- ☐ Plasters and dressings
- ☐ Painkillers
- ☐ Arnica gel
- ☐ Personal medication



Entertainment & Relaxation

- ☐ Board games
- ☐ Book or e-reader
- ☐ Card games
- ☐ Earphones/headphones
- ☐ Chargers
- ☐ Power bank

Notes: